

# WHY SHOULD I JOIN?

- **Make a difference in your school and community** by promoting health and wellness.
- **Meet teens** who are passionate about living healthy lifestyles.
- **Build a unique resume** that will make you stand out to colleges and employers.
- **Earn community service hours** for participating in THY activities. Service can be applied to Mayor's Service Award.
- Be eligible for a variety of **scholarships** including LCAHY Outstanding Senior Recognition Award.
- Find out about **internship opportunities** available only to THY members.
- **Build essential job skills** for future careers in health, education, law enforcement, business, journalism fields, and more!
- **Build your leadership skills** at the THY Leadership conference.
- **Showcase your talents** in public speaking, writing, design, photography, filming, teaching, event planning, and more!
- **Be a THY officer** at your school.
- **Work with school and community leaders.**
- **Have a voice** as a youth representative to the LCAHY community board.
- Active members are **recognized** at the end of the year.



Annual THY Recognition Ceremony.

## To Join THY, contact your THY advisors:

**BLHS: Laura Pirkey, Brandon Sligh, & April Small**  
 laura.pirkey@beaufort.k12.sc.us  
 brandon.sligh@beaufort.k12.sc.us  
 april.small@beaufort.k12.sc.us

**CROSS: Wendy Cummings & Grey Cummings**  
 w.cummings@crossschools.org  
 g.cummings@crossschools.org

**HHCA: Jill Lutz**  
 jlutz@hhca.org

**HHHS: Jennifer Weitekamper & Laura Fuller**  
 jennifer.weitekamper@beaufort.k12.sc.us  
 laura.fuller@beaufort.k12.sc.us

**HH Prep: Jessica Hunt**  
 jessica.hunt@hhprep.school

**MRHS: Tiffanie Elrod**  
 tiffanie.elrod@beaufort.k12.sc.us

Teens for Healthy Youth is an initiative of



Uniting the Community to Promote Positive Choices

LCAHY is a recipient of a grant awarded by the Office of National Drug Control Policy (ONDCP) and administered by the CDC. Community Foundation of the Lowcountry serves as the fiscal agent.

For more information about THY visit:  
<http://www.lcahealthyouth.com/about-thy>

Follow THY on Instagram @lowco\_thy

2024-2025



## Become a member at your school!



## LEADERSHIP

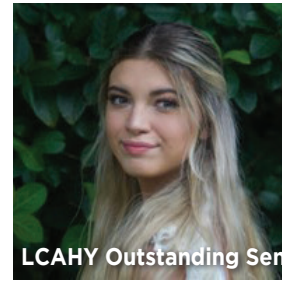


LCAHY Summer Interns.



THY presents proposal to include vaping in smoking regulations at Hilton Head Town Council Meeting.

## YOUTH SCHOLARSHIPS & RECOGNITION



LCAHY Outstanding Senior Scholarship Recipients.



THY member receives Mental Health Awareness Proclamation issued by Mayor Toomer.

## POSITIVE YOUTH DEVELOPMENT



THY presents at Community Forum: Child and Adolescent Mental Health and Wellness.

## ABOUT THY

The mission of Teens for Healthy Youth (THY) is to promote positive teen health through:

- Leadership
- Positive Youth Development
- Peer to Peer Education
- Advocacy
- Community Service

For more information about THY click here:



## COMMUNITY SERVICE



Bagging for Bucks THY Fundraiser.



THY educates about medicine safety during Bluffton Safety Spooktacular.



THY Promotes Teen Mental Health and Wellness.

## PEER TO PEER EDUCATION



THY educates peers about Bullying Prevention.

## ADVOCACY



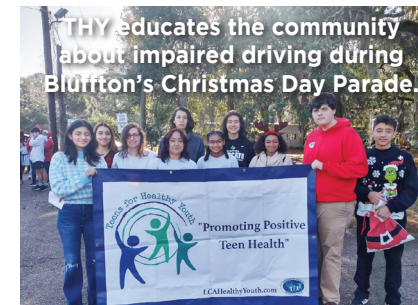
THY volunteers annually at LCAHY's May Day 5K.



THY educates Peers Year-Round on Prevention Plus Wellness.



THY staffs Information Table at Suicide Prevention Walk.



THY educates the community about impaired driving during Bluffton's Christmas Day Parade.